

You've heard the question, "if we each only have 24 hours each day, why is it that some people seem to get so much more accomplished in their 24 hours?"

BY THE END OF OUR PRESENTATION, PRODUCTIVITY HACKS OF THE SUPER SUCCESSFUL, YOUR AUDIENCE WILL KNOW:

- Why time management is a myth
- ✓ What the 3 Second Bubble is and why it matters
- ✓ Why the myth of work/life balance is killing your productivity
- ✓ The Triple Constraint Theory and how it impacts every decision
- ✓ 5 tools to ensure you're leveraging your time investment
- ✓ How to make procrastination a tool for getting more done
- ✓ 5 mistakes entrepreneurs and leaders make with their time
- ✓ Why the time-blocking technique is painful but effective.
- ✓ The difference between recurring tasks and trigger tasks
- ✓ The exact formula to get more accomplished in the next 90 days.

Tools your audience will leave with:

- Master List
- Time Management Scorecard
- ✓ The Ugly Truth Guide
- ✓ The Task Filter
- ✓ The Task Organizer
- ✓ 15 Minute Check-In Sheet



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